PsyLab
BIOCHEMICAL MENTAL HEALTH
ANALYSIS · TEST · SAMPLE · NUTRITIONAL SUPPORT

List of medicines and doses in daily pouches

Gradual dose reduction · overview for patients and doctors

The table lists the **strengths of the individual units** (in mg) that the pharmacy combines into the daily dose in each pouch. By combining units, almost any daily dose can be prepared — including fractions of a milligram. Medicines are listed by their international non-proprietary names (INN).

Antidepressants

Active substance (INN)	Unit strengths in the roll (mg)
Agomelatine	1, 2, 5, 10
Amitriptyline	0.1, 0.2, 0.5, 1, 2, 5; retard 25
Bupropion	5, 10, 20, 50
Citalopram	0.1, 0.2, 0.5, 1, 2, 3, 4, 5, 6
Clomipramine	0.5, 1, 2, 5
Duloxetine	*on request*
Escitalopram	0.05, 0.1, 0.2, 0.25, 0.5, 1, 2
Fluoxetine	0.1, 0.2, 0.5, 1, 2, 5, 10
Fluvoxamine	0.5, 1, 2, 2.5, 5, 10, 20
Imipramine	0.5, 1, 2, 5, 10
Mirtazapine	0.1, 0.2, 0.5, 1, 2, 5, 10
Moclobemide	1, 2, 5, 10, 20, 50
Nortriptyline	0.1, 0.2, 0.5, 1, 2, 5
Paroxetine	0.1, 0.2, 0.5, 1, 2, 3, 5, 7
Sertraline	0.5, 1, 1.25, 2, 2.5, 5, 7.5, 10, 15, 20, 25
Tranylcypromine	1, 2, 5, 10, 20, 30
Trazodone	1, 2, 5, 10, 20
Venlafaxine retard	0.5, 1, 2, 3, 5, 7, 10, 12, 20
Vortioxetine	*on request*

Antipsychotics

Active substance (INN)	Unit strengths in the roll (mg)
Amisulpride	0.5, 1, 2, 5, 10, 20
Aripiprazole	0.1, 0.2, 0.5, 1, 2, 2.5, 5
Clozapine	1, 2, 5, 10
Haloperidol	0.05, 0.1, 0.2, 0.5, 2.5
Levomepromazine	1, 2, 5, 10
Olanzapine	0.025, 0.05, 0.1, 0.2, 0.5, 1
Perphenazine	0.5, 1, 2, 5, 10
Pimozide	0.05, 0.1, 0.2, 0.5
Pipamperone	1, 2, 5, 10, 20
Quetiapine	1, 2, 5, 10, 12.5
Risperidone	0.05, 0.1, 0.2, 0.25
Sulpiride	2.5, 5, 10, 20

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Sedatives and sleeping pills

Active substance (INN)	Unit strengths in the roll (mg)
Alprazolam	0.01, 0.02, 0.05, 0.1; retard 0.2
Bromazepam	0.05, 0.1, 0.2, 0.5, 1
Chlordiazepoxide	1, 2, 5
Clonazepam	0.025, 0.05, 0.1, 0.2
Diazepam	0.05, 0.1, 0.2, 0.5, 1
Lorazepam	0.01, 0.02, 0.05, 0.1, 0.2, 0.5
Midazolam	0.1, 0.2, 0.5, 1, 2
Nitrazepam	0.1, 0.2, 0.5, 1, 2
Oxazepam	0.1, 0.2, 0.5, 1, 2, 5
Temazepam	0.1, 0.2, 0.5, 1, 2, 5
Zolpidem	0.1, 0.2, 0.5, 1, 2
Zopiclone	0.05, 0.1, 0.2, 0.5, 1, 2, 5

Mood stabilisers and anti-epileptics

Active substance (INN)	Unit strengths in the roll (mg)
Lithium carbonate	5, 10, 20, 50, 100
Lamotrigine	0.5, 1, 2, 5, 10
Carbamazepine	5, 10, 20, 50
Gabapentin	5, 10, 20, 50
Pregabalin	1, 2, 5, 10
Topiramate	0.5, 1, 2, 5, 10
Phenytoin	1, 2, 5, 10
Phenobarbital	1, 2, 5, 10

Analgesics

Active substance (INN)	Unit strengths in the roll (mg)
Methadone	0.1, 0.2, 0.5, 1
Morphine	0.5, 1, 2, 5
Oxycodone	0.25, 0.5, 1, 2
Tramadol	1, 2, 5, 10, 20
Paracetamol	5, 10, 20, 50

Heart and blood-pressure medicines

Active substance (INN)	Unit strengths in the roll (mg)
Atenolol	0.5, 1, 2, 5
Metoprolol tartrate	0.5, 1, 2, 5, 10
Propranolol	0.5, 1, 2, 5
Sotalol	1, 2, 5, 10, 20
Mexiletine	20, 50, 100

Other medicines

Active substance (INN)	Unit strengths in the roll (mg)
Atomoxetine	30, 50
Lisdexamfetamine	5, 12.5, 25, 50
Modafinil	1, 2, 5, 10, 20, 50
Melatonin	1, 3, 5
Hydroxyzine	1
Promethazine	0.5, 1, 2, 5
Naltrexone	0.5, 1, 2, 5, 10
Disulfiram	5, 10, 20, 25, 50, 62.5, 100, 125, 200, 250
Prednisolone	0.25, 0.5, 1, 2
Finasteride	0.3, 0.5, 1, 1.25
Dutasteride	0.1, 0.15, 0.25, 0.5
Minoxidil	1, 1.25, 2.5
Sildenafil	5, 20, 30, 60, 90
Sumatriptan	1, 2, 5, 10, 20
Pilocarpine retard	5
Methylthioninium chloride	10, 20, 50

Prescription only. Availability of medicines and strengths may change — we check it for the specific medicine and dose during the consultation. The pace of reduction is always decided by the doctor. Never stop or reduce medication on your own.