PsyLab
BIOCHEMICAL MENTAL HEALTH
ANALYSIS · TEST · SAMPLE · NUTRITIONAL SUPPORT

SAMPLE RESULT

Pyroluria Test — kryptopyrroles (HPL) in morning urine

NAME
Sample Person

SEX / AGE
female, 38 years

SAMPLE
morning urine (collected at home)

COLLECTION DATE
12 Oct 2026

SAMPLE NUMBER
PY-000000

RESULT DATE
30 Oct 2026

MARKER	RESULT	UNIT	REFERENCE RANGE	POSITION IN RANGE	ASSESSMENT
Sample dilution check					
Creatinine	**1.02**	g/l	0.3 – 3		in range
Pyrroles					
Kryptopyrroles (HPL)	**21.4**	µg/dl	< 15		high

Interpretation

The urinary kryptopyrrole (HPL) level is above the reference range. This finding corresponds to the **pyroluria** biotype. In the Pfeiffer and Walsh approach, kryptopyrroles bind zinc and vitamin B6, which the body then excretes in urine. Pyroluria is typically associated with anxiety, poor stress tolerance, sensitivity to noise and light, and poor dream recall.

Recommended next step

We recommend the Vitamin & Mineral Test (zinc, copper, B6) to check your levels and a 45-minute educational consultation (€99) where we explain your result. Nutritional support for pyroluria (vitamin B6 + zinc) and dosing are set in the Consultation with a Doctor (€225).

Urine pyrrole measurement is not a standard test in conventional medicine. This is a sample result with made-up values — it only shows what a result looks like. A real result contains the values from your sample and the laboratory's reference ranges. A test result is not a diagnosis; only a doctor can make a diagnosis.